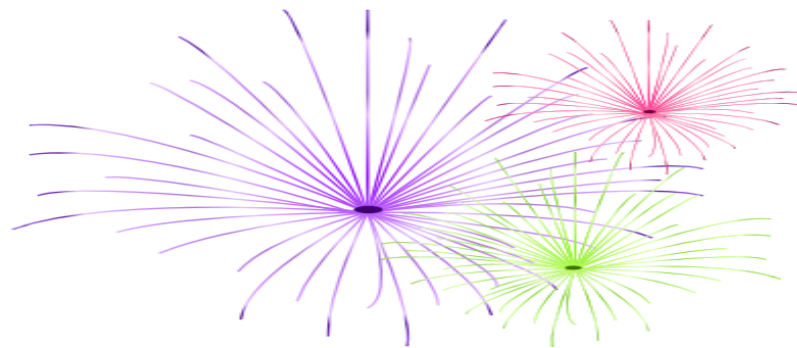
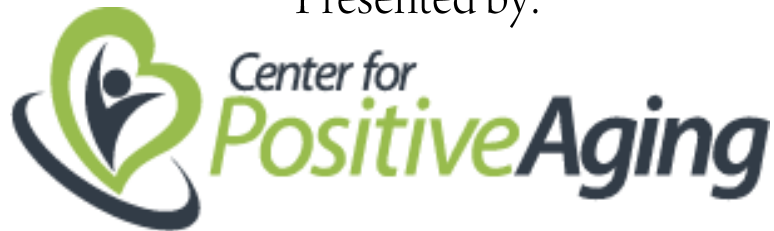


Attendee Registration Packet

Celebrating Age:
Planning for Positive Aging

Presented by:



at North Avenue Presbyterian Church

Broyles Auditorium

Where: 607 Peachtree Street NE

Atlanta, GA 30308

When: Tuesday, Feb 7th 2012

(8:30 am Registration)

9:00 am—4:00 pm

~ Event Provides 5.75 CEU hours ~

Celebrating Age: Planning for Positive Aging

“Celebrating Age” is an opportunity to learn about what the Center strives to achieve, how to use us as the right resource, and what the Center for Positive Aging can offer you. This event will also give you a chance to network with our diverse affiliates devoted to helping the aging community.

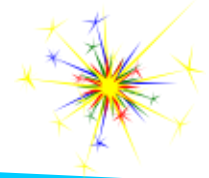
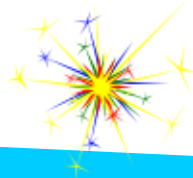
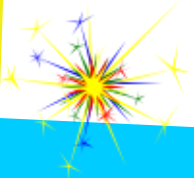


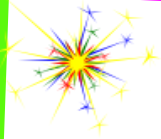
This event is a great way for you to meet and interact with people working in every aspect of the aging community, including long term care providers, healthcare members, seniors in our communities, congregations, other businesses and organizations that help our seniors.

“Celebrating Age” will include

- an overview of the Center’s mission and goals.
- an unveiling and tutorial of our new website highlighting its new features.
- training in at least one of our four education initiatives certifying you as a trainer in your community.
- an informative presentation, Growing Older YOUR Way, about Person Centered Elder Care (Changing the Culture of Aging Services).
- networking opportunities so that people develop a better understanding of the aging continuum.
- good food in the company of a wonderful group that shares your values on the aging community.

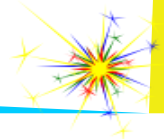
This is a great opportunity to meet other community and faith-based affiliates, to network with a variety of people, and to build many connections that will last a lifetime.





Event Schedule

Beginning of the Day	8:30 am
Registration	8:30 – 9:00
Welcome/Introductions	8:55
Let's Get Started	9:00 – 9:15
<i>(National Senior League: Wii Bowling - 5 mins)</i>	
Roundtable (Networking)	9:15 – 9:45
<i>(A. Sponsor Time - 5 mins)</i>	
Using the Center as a Valuable Resource	9:45 – 10:30
<i>(B. Sponsor Time – 5 mins)</i>	
Break	10:30 – 10:45
Session 1	10:45 – 12:00
1. Positive Aging LifeStyles (Part I)	
2. Modern World 101	
3. Living Well (CDSMP)	
4. Oasis Connections (Part I)	
Lunch	12:00
<i>(C. Sponsor Time – 5 mins)</i>	
Session	12:45 – 2:30
1. Positive Aging LifeStyles (Part II)	
2. Living Well (CDSMP)	
3. Modern World 101	
4. Oasis Connections (Part II)	
Break 2	2:30 – 2:45
<i>(D. Sponsor Time – 5 mins)</i>	
Growing Older YOUR Way	2:45 – 3:45
Wrap Up	3:45 – 4:00
End of the Day	4:00 pm



About the Center for Positive Aging

Who We Are:



The Center for Positive Aging is a partnership of affiliates (individuals, community organizations, and congregations) working together to connect seniors and their families to the resources they need.

In December of 2008, the Center for Positive Aging became the consumer arm of Aging Services of Georgia. The Aging Services of Georgia serves over 126,800 elder Georgians with over 150 housing and service providers.

The Center for Positive Aging promotes the physical, mental, and spiritual well-being of all. Our purpose is to educate consumers about the types of resources that support successful, positive aging. Our person-centered philosophy and practice focuses on maintaining dignity, independence, and usefulness through a variety of programs, educational events, and volunteer opportunities.

What We Do:

We are committed to providing seniors with the information they need and serving as a connection to the programs and services they want to maintain independent living.



The Center focuses on not only providing both our affiliates and seniors with the resources they need, but also on education. Our Initiatives are programs adopted by the Center that serve to better the physical, mental, and spiritual health of elder Georgians. The Center serves to teach and train our affiliates to be advocates and teachers of these Initiatives within their own communities.

The Center values sustainability and strongly believes that power to age positively in the hands of those willing to server in their communities.

More About Our Initiatives

Modern World 101

With an increasing number of grandparents raising grandchildren, this program seeks to guide grandparents in understanding decisions regarding discipline, modern technology, and effective communication with their grandchildren, as well as educate them on warning signs of drug and alcohol abuse, and depression.

Topics covered include, but not limited to:

- Ways for grandparents to communicate with grandchildren.
- Legal concerns with grandchild custody.
- Community resources to help with rearing children.
- How to handle the repercussions of child abuse and neglect.
- Coping strategies to help grandchildren with the loss of a parent.



Positive Aging LifeStyles (PALS)

Positive Aging LifeStyles (PALS) is a fourteen week educational program designed to reclaim our senior population as leaders in the community. This program strives to enhance the well-being and mental health of our community elders through the instruction of three modules (Ageless Mind, Ageless Body, and Ageless Spirit). The goals of the program are to:

- 1) Maximize life quality as you take on the qualities of the ageless body, mind, and spirit.
- 2) Allow you to serve others to help them live at their maximum level of well-being.
- 3) Contribute to building a society where aging and longevity are used to improve health.

Living Well (Chronic Disease Self Management Program)

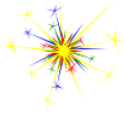
Living Well is a six week program designed for adults with any chronic condition or for caregivers of persons with chronic conditions to learn tools to combat the symptoms of fatigue, depression, stress, anxiety, negative emotions, and pain. This is a GREAT program that really places value on giving control back to the individual.

Visit www.livewellagewell.info or CONTACT your local Area Agency on Aging.

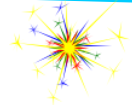
Oasis Connections

Oasis Connections is a technology training program for adults over 50. Participants learn how to use email and word processing, search the Internet, understand online security and update job skills, along with other technology applications. The goal of the program is to help mature adults develop confidence in technology, allow them to use technology in their personal lives and workforce, and train members in underserved communities.





Registration Form (Part 1 of 2)



The event will be held on February 7, 2012 at North Avenue Presbyterian Church. Please select which registration category (A or B) your organization is a part of AND if you would like CEUs, select that option as well. Checks can be made payable to The Center for Positive Aging:

Name of Company _____

Mailing Address _____

Telephone Number _____ Fax Number _____

Email _____

Contact Name _____ Title _____

Signature _____

Type of Service your Organization Offers _____

For credit card transactions complete the following:

- Visa
- MasterCard
- American Express

Card Number _____

Security Code: _____ Expiration _____Month _____Year

2012 Registration Options

A. Providers, Businesses, and Agencies (\$10)

B. Congregations, Volunteers, and Seniors (\$5)

CEUs (5.75 hours) for all professionals (additional \$20)

Total Amount: _____ \$ _____

****Sponsorship Opportunities are also available for those who are interested in sharing information about their products and services****

Please FAX your reservation to 404-872-1737

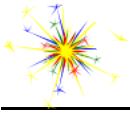
If you need additional information, please contact:

Shan Elahi

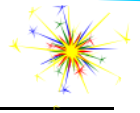
1440 Dutch Valley Place (Suite 120) Atlanta, GA 30324

404-872-9191 ext. 305 ~ 404-872-1737(f) ~ selahi@agingservicesga.org

www.centerforpositiveaging.org



Registration Form (Part 2 of 2)



Name _____

Organization _____

Email _____

Phone _____

Check if a vegetarian meal is required

**Refer back to the Schedule and the Wellness Initiatives pages
for more information about the sessions**

Check which Session you want to attend (choose one):

1. Positive Aging Lifestyles (Parts I and II)

2. Modern World (session 1) / Living Well (session 2)

3. Living Well (session 1) / Modern World (session 2)

4. Oasis Connections (Parts I and II)

Unable to attend a session

*** Modern World and PALS are Train the Trainer sessions. You will be receiving manuals in an effort to go back within your communities to teach others.*

*** Living Well and Oasis Connections are informative sessions that will go over the programs and require more training in order for you to teach it in your communities.*

**Please FAX your reservation to 404-872-1737
If you need additional information, please contact:**

Shan Elahi

1440 Dutch Valley Place (Suite 120) Atlanta, GA 30324

404-872-9191 ext. 305 ~ 404-872-1737(f) ~ selahi@agingservicesga.org

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Directions:

From the north, travel south on I-75/85 to exit 249D, North Avenue. Turn left onto North Avenue at the traffic light at the end of the exit. Cross over the highway, then pass traffic lights at Spring Street and West Peachtree Street. The next street is Peachtree Street. North Avenue Presbyterian Church sits on the far right hand corner. To park, continue along North Avenue after crossing Peachtree Street. A half a block later, turn right into the parking lot under the church.



From the south, travel north on I-75/85 to the Spring Street/West Peachtree exit. Stay in the left lane as you exit. At the light, cross over Spring Street. Turn left at the next light onto West Peachtree Street. Travel one block and turn right onto North Avenue. Again, travel one block to Peachtree Street. North Avenue Presbyterian Church sits on the far right corner. To park, continue along North Avenue, crossing Peachtree Street. A half a block later, turn right into the parking lot under the church.

Using Marta, exit at the North Avenue stop, follow the signs to exit toward Georgia Tech. Upon exiting, turn left (east/uphill) onto North Avenue. The church is one block east of the MARTA stop, on the southeast corner of North Avenue and Peachtree Street.

Event Address:

**607 Peachtree Street NE
Atlanta, GA 30308
Phone: (404) 875-0431**

Contact Us For More Information:



**1440 Dutch Valley Place (Suite 120)
Atlanta, Georgia 30324**

Phone: 404-872-9191 ext. 305

Fax: 404-872-1737

E-mail: selahi@agingservicesga.org

Website: www.centerforpositiveaging.org